Southern Implants in FOCUS

APRIL ’18
SOUTHERN IMPLANTS INTERNATIONAL FORUM
15-18 April 2018
Hermanus, South Africa

DECEMBER ’17
CONFERENCE: American Association of Oral and Maxillofacial Surgeons
30 Nov - 2 Dec
Chicago

DECEMBER ’17
HANDS-ON COURSE: Co-Axis & MAX immediate placement
8 - 9 December
Dubai

The MAX implant

designed to provide a treatment solution for molar tooth replacement

Prof Dr Pär-Olov Östman & Dr André Hattingh

A common need for dental implant treatment is replacement of a failing molar tooth. The size and shape of the multi-rooted socket is often not suited to the placement of a typical implant, resulting in compromised implant positioning or poor primary stability. This may result in a waiting period of 3-4 months to allow for healing before attempting to place an implant. The healed site will often present with reduced bone height, resulting in the need for augmentation, especially in the maxilla. This leads to further lengthening of treatment time with increased cost and complexity.

Southern Implants’ MAX implant is designed to provide a treatment solution to overcome the challenges of placing an implant in a multi-rooted molar socket in mandible or maxilla. It is intended to provide support for a fixed or removable dental prosthesis in the form of a single tooth, partial-arch or full-arch restoration.

MAX benefits:
• preserving bone and soft tissue
• reduces buccal bone resorption
• limits sinus pneumatization
    - the longer the implant, the

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A word from Graham

As most readers are probably aware, at Southern we approach most matters with a fair degree of freedom, to encourage innovation and fresh thinking. This will apply to our next Forum, in Hermanus, April 15-18, 2018. The Southern Forums are unscripted, limited in size and arranged to facilitate interaction between esteemed researchers, leading academics and top clinicians. If you are in one of these categories, ensure to register early. Please contact your local office for registration details.

We aim to devise protocols and products that result in implant restorations that are stable over long periods of time. We gauge our success by analyzing 5, 10, and 20 year outcomes. The keys to long term success are revealed, bit-by-bit, as research is accumulated. Recent studies drove home a clear message: If you reduce the stresses in the system (stress in implant, stress in retaining screw and stress in abutment), the system has greater long term stability ... no, or minimal bone loss over time, soft tissue stability, and the reduction or elimination of complications. Sub-crestal angle correction does exactly that: if you compare the stresses in a Co-Axis versus a tilted regular implant, the Co-Axis reduces stress at the implant surface (where it is in contact with bone), by more than 25%. More significantly it reduces the stress in the prosthetic screw, more than doubling the joint stability. Two studies that point to this are:

- Andrew Tawse-Smith et al have published the 5 year results of the Prospective Co-Axis study, where the implants were placed immediately and loaded immediately ... no soft tissue recession over 5 years and minimal bone remodeling (0.5 to 0.8mm).

- Greg Boyes-Varley et al have submitted a manuscript covering the 5-12 year follow-up of 417 Co-axis implants...... two late failures and an overall success rate (Albrektsson Zarb criteria) of 99.5%.

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better the prognosis
• faster rehabilitation
• documented minimal bone remodeling

THE 10 COMMANDMENTS OF THE MAX® IMPLANT

1. Select for purpose
The original intended purpose of the MAX® was to facilitate immediate placement in a molar socket.

2. Never use in thin biotypes
This is generally recommended for all implant types, but is especially important in the MAX®. The socket should be intact in all 4 directions; if not, it is best to augment and delay placement.

3. Never attempt a conventional extraction
This is especially true for molars with divergent roots. Forceps should only be used to assist with initial loosening. The recommended protocol is to decoronize the tooth, separate the roots without removing any interradicular bone, and elevate the fragments.

4. Prepare the site incrementally
• Step 1 - If there is a sharp interradicular crest, use a carbide burr to flatten the center to create a wider V-shaped profile, with the surface lying 4-5mm above the socket apex (depth can be confirmed with a probe).

• Step 2 - The pilot hole should be offset towards the lingual/palatal, and the mesial.The pilot
Andrew Tawse-Smith et al have published the 5 year results of doubling the joint stability. Two studies that point to this are: significantly it reduces the stress in the prosthetic screw, more than minimal bone loss over time, soft tissue stability, and the reduction in abutment, the system has greater long term stability ...

99.5%.

The MAX® implant

• Step 2
• Step 1

- If there is a sharp in-

5-6mm depth. Depth must be correct before moving to the next drill as it cannot be revised later in the drilling sequence.

• Step 3 - Decoronize and drill through the tooth roots up to 5-6mm depth. Depth must be correct before moving to the next drill as it cannot be revised later in the drilling sequence

• Step 4 - Elevate the roots. The recommended drilling sequence after elevation is: * 2mm twist drill * 3.3mm or 3.5mm drill * 4mm spade * 5mm spade * 6mm spade or dedicated MAX® drill * Tap or dedicated MAX final drill

5. Never engage the buccal wall

Before deciding rehabilitation through a MAX® procedure, careful pre-operative planning should be done. It is recommended that a pano and intra-oral radiograph is taken. In cases where a clear estimation of available bone can’t be made a CBCT is recommended. Three different types of sockets have been described (Smith and Tarnow, Int J Oral Maxillofac Implants 2013; 28:911-916) and can be used as a guidance to approach the replacement of the molar tooth. Depending on available bone, different surgical approaches are recommended.

**TYPE A**
The coronal portion of the implant is completely contained within the septal bone. Predictable surgical approach either by extracting the tooth and preparing the osteotomy or preparation through the remaining root. High primary stability of the implant is rarely a problem. High torque is normally needed to fully seat the implant.

**TYPE B**
The implants is stabilized but not completely contained by the septal bone; a gap is present between the implant and inner socket walls. In these cases, it is recommended to decoronise the tooth and make the osteotomy though the root to gain as much stability and support from the remaining root as possible.

**TYPE C**
No septal bone is available for implant stabilization. A wide-diameter implant must engage the inner aspects of the walls and/or bone apical to the socket to be stable. Considerer extraction and conventional 3-4 months soft tissue healing. However, if bone is available apically of the socket and not interfering with the n.mentalis/sinus maxillaris, there are no contra-indications to placing the MAX®.

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Drill then extract
Extract then drill
Socket healing

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Socket healing

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Socket healing

Drill then extract
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Socket healing

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Dr. Stephen J. Chu, DMD
• Clinical Associate Professor: NYU.
• Certificated Dental Technician in Ceramics from NYU.
• Doctorate from Penn. School of Periodontology.
• Master from Univ. of Washington.
• Bachelor from UCLA.

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External Hex MAX
Internal Hex Tri-Nex
Internal Octagon connections

Enhanced surface | Available in External Hex, Internal Hex Tri-Nex and Internal Octagon connections

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Max Product Range

www.maximplant.co.za
Research highlights
Tamsin Cracknell

Southern Implants is fortunate to have been involved in five high-quality publications so far in 2017. We extend our thanks to these researchers and their teams for choosing Southern Implants products for their patients and investigations.

Prof Marco Esposito(1) and colleagues at the University of Bologna have published the much anticipated one-year results of their split-mouth RCT comparing piezoelectric site preparation to conventional drilling. The authors made use of Southern Implants oncology fixtures. These zygomatic-like implants have a machined-surface coronal section, indicated specifically for the prevention of biofilm growth and soft tissue infection around unavoidable fenestrations. Feedback from the authors regarding their experience with the implants and instruments resulted in technical improvements on several products, and we extend thanks for their valuable feedback.


Dr Chris Butterworth and his colleagues at the Department of Oral & Maxillofacial Surgery, University Hospital Aintree in Liverpool(2), continue to break ground in the surgical and prosthetic rehabilitation of maxillectomy patients. Butterworth and Rogers describe the “zygomatic oncology implant perforated micro-vascular soft tissue flap (ZIP flap)” technique, an innovative surgical approach to drastically reduce treatment time for low-level maxillary malignancy. These cases employ Southern Implants zygomatic and oncology implants, together with a fascio-cutaneous flap to cover the defect, enabling early loading in maxillectomy patients. A fixed prosthesis can therefore be provided within weeks of resection.


From the same unit, Dr Dattani et. al. present the first reported use of oncology implants in a paediatric patient(3). The 13-year old male underwent a hemi-maxillectomy due to myxoid spindle cell carcinoma, and received a bar-retained acrylic obturator supported by two Southern Implants oncology fixtures. After two years, the patient is exhibiting excellent function, clinical health, and no adverse effects on facial or dento-alveolar growth.

At the Sir John Walsh Research Institute of Otago University, New Zealand, Dr Andrew Tawse-Smith investigated the release of metal particles from titanium-zirconia interface wear in 16 patients at five year recall. The study looked at both clinical and cytological outcomes, finding that although peri-implant Ti particles were detected, bone stability and soft tissue health were optimal and unaffected. The patients had received single Southern Implants Co-Axis 12° fixtures, featuring the unique angulated-platform design.


Prof Dale Howes (Department of Oral Rehabilitation at the University of the Witwatersrand) expands on this topic in the July/August issue of Compendium of Continuing Education in Dentistry. In this article, Prof Howes (co-inventor of the Co-Axis) describes the anatomical and prosthetic challenges that inspired the “subcrestal angular correction” concept – namely, the ability to tilt the implant to make best use of available bone, without sacrificing the occlusal parallelism of the restorative platform. This is an essential read for clinicians seeking to understand the function of the Co-Axis and its multitudinous applications.

this reason, 6, 7, and 8mm MAX® have become more popular and 9 and 10mm MAX® are rarely ever used.

6. **Place to sufficient depth**

Platform of the implant must lie at least 1-2mm beneath the lowest point of the buccal wall. Depth must be pre-planned and established right at the start of site preparation, as subsequent drills are designed only to widen the site and cannot increase the depth.

7. **Verify position before placement**

This must be done clinically and radiographically. Using a tap to verify placement gives the added advantage of assessing insertion torque.

8. **You will encounter a high resistance torque**

Mathematically, torque is proportional to the square of the diameter, so increases exponentially as implant gets wider. Therefore high insertion torques with MAX® implants are inevitable and not unsafe. Recommended insertion torque is 70Ncm.

9. **Close voids and support soft tissue**

Use a wide healing abutment and suture to ensure soft tissue support. If there are particularly large voids, these can be filled with e.g. haemostatic collagen sponge, but leaving the clot is preferred by some and equally acceptable.

10. **Follow-up**

Post-operative instructions include no rinsing for one week. Follow-up is important not only for the patient but also to contribute to the data and protocol development.

Please visit [www.southernimplants.com](http://www.southernimplants.com) for more information.

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**MAX PRODUCT RANGE**

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<tr>
<th>External Hex MAX</th>
<th>Promax</th>
<th>Tr-Nex MAX</th>
<th>IT MAX</th>
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<tr>
<td>MSc External Hex MAX</td>
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7mm, 8mm and 9mm diameter, (6mm diameter External Hex MSc only) | 7mm, 9mm, and 11mm lengths

Enhanced surface | Available in External Hex, Internal Hex Tri-Nex and Internal Octagon connections

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**Southern Implants International Forum 2018**

Kleinmond, Hermanus, 15-18 April 2018

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- Clinical Associate Professor: NYU.
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